

# YUBA CITY PARKS & RECREATION DEPT.

# 2010 YOUTH TRACK & FIELD PROGRAM

## MARCH 8 - APRIL 10

The 2010 Track & Field program is for children born between 1996 - 2004. This program is designed to provide a fun filled learning experience in which development in coordination; skills, team-work and self-esteem are stressed to all participants. This program recognizes the varied developmental stages of children. Track events include Long Jump, Running Long Jump and Softball Throw. Running events include 50M, 100M, 200M, 400M, 800M and 1600M.

Register online at:  
www.yubacity.net

**REGISTRATION AND FEE: \$60 / \$70 Non-Resident**  
**Registration Deadline: February 18, 2010 – 5:30 p.m.**  
 A late fee of \$10 will be added after this date.

**Refunds: 50% of fee refunded before first meet. NO REFUNDS after first meet.**

Fees include all practices, meets, team t-shirt and award. Fill out the form on the back and bring or mail it to the Yuba City Parks & Recreation Dept., 1300 Franklin Road, Yuba City, CA 95993.

### PRACTICES/TEAM ASSIGNMENTS

Practices will be held at the Yuba City High School Track or Geweke Field at Gray Avenue School one day a week for 1 1/2 hours. A total of five track meets will be held throughout the season. Teams will be assigned by the Yuba City Parks & Recreation Dept. by schools as much as possible. Each team will consist of girls and boys of all age groups. Participants will compete according to year born and separated into girls and boys. **Once a team is selected, there will be no switching of participants.**

### TRACK & FIELD MEET SCHEDULE

Track Meets will be held at Geweke Field at Gray Avenue School and are tentatively scheduled for:

<b>Saturday</b>	<b>March 20</b>	<b>9:00 a.m.</b>
<b>Saturday</b>	<b>March 27</b>	<b>9:00 a.m.</b>
<b>Wednesday</b>	<b>March 31</b>	<b>6:00 p.m.</b>
<b>Saturday</b>	<b>April 3</b>	<b>9:00 a.m.</b>
<b>Saturday</b>	<b>April 10</b>	<b>9:00 a.m.</b>



**Scholarships Available!**  
Call 822-4650.

Snack bar will be available at twilight meet and last meet. We will provide all track participants with a free BBQ lunch at the last track meet.



### COACHES NEEDED

We need volunteer coaches to provide good leadership for children to learn track & field skills, sportsmanship and team-work. All coaches will be required to attend a coaching orientation meeting. If you are interested in applying or would like additional information, please call Ann at 822 -4649.

**NEW THIS YEAR: Children born in 1996 will compete against girls and boys born in 1996 only.**

Group 1 Born:	2001 - 2002
Group 2 Born:	1999 - 2000
Group 3 Born:	1996- 97-98
Group 4 Born:	2003 – 2004

**YCPRD is not responsible for trophies not picked up 30 days after last scheduled track meet.**

**WAIVERS AVAILABLE AT THE RECREATION OFFICE – 1300 FRANKLIN RD OR ONLINE AT [www.yubacity.net](http://www.yubacity.net)**