

# Parks and Recreation Commission Highlights

Tuesday, January 27, 2009

## YOUTH SPORTS AND SPECIAL CLASSES

Our Mighty Mite Basketball Program for girls and boys ages 4 to 7 finished in mid December with a total of 160 kids.

**Last Year:** Had 200 participants.

We offered a gymnastic camp, January 5 – 9. We had a total of 11 girls sign up and it was held at Palmer Hall.

Winter Youth Basketball for girl's and boy's ages 8 to 15 got underway on Saturday, January 24<sup>th</sup>. We have a 7 week program with each team practicing one hour a week. Our total this winter are **488 kids** with that being 16 girls teams and 34 boys teams. Schools that are being used for this program are, Andros Karperos, Brittan, Butte Vista, Franklin, Gray Avenue, Riverbend, River Valley High West Walton and Yuba City High.

**Last Year:** Had 484 participants.

Mighty Mite Soccer for girls and boys ages 4 to 7 starts in March. Deadline to sign up is February 5<sup>th</sup>. Program will be at Yuba City High School Football Field.

**Last Year:** Had 240 participants

Track and Field for girls and boys ages 6 to 13 starts in March. Deadline to sign up is February 12<sup>th</sup>. Program will be held at Geweke Field.

**Last Year:** Had 220 kids with an addition of 30 from Beale Air Force Base.

## AQUATICS AND SPECIAL EVENTS

### City Hall Tree Lighting:

- Over 400 people attended the annual City Hall Tree Lighting on December 2, 2008.
- The new mayor, Leslie McBride, acted as the MC and the Tierra Buena Junior High and Yuba City High Choir sang holiday music.
- Kenny G and Company opened the evening as people waited for the ceremony to begin.
- Cookies and warm cider were served.

### **Polar Bear Plunge:**

- New Years Day brought 65 people to Gauche Aquatic Park to welcome in the New Year with a plunge into the chilly water. After dipping into the Activity Pool or going down the Waterslide, participants warmed up in the Competitive Pool (81 degrees) and enjoyed warm drinks and treats.

### **Masters and Lap Swim, Water Walking and Deep Water Aerobics**

- Throughout the winter months we seen up to 20 – 25 participants in the water exercising each evening between 4:30 and 7:30 pm and on Saturdays from 8:30 – 10 am.

### **Feather River Aquatics Club:**

- Averaging 68 swimmers per month.

### **Upcoming Programs for February and March**

- a. Continuation of ongoing programs
- b. Slide Into Spring – March 13<sup>th</sup>
- c. Deep Water Aerobics
- d. Senior and Adult Water Aerobics
- e. ARC Water Safety Instructor Course
- f. ARC Lifeguard Training Course
- g. ARC Recertification Course

## **ADULT SPORTS AND AFTER SCHOOL PROGRAMMING**

- Partnered with five local schools to enhance the lives of children during the after school hours of 2:30-6:00 pm. April lane Elementary, Bridge Street Elementary, Park Avenue Elementary, Gray Avenue Middle School and AK Middle School offers recreational activities, such as sports, crafts, holiday fun and leadership with the help of numerous recreation leaders. Each school has a different number of staff and participants, but as a whole approximately **600 children** are involved in the program. Each site also incorporates an academic hour. The program runs from the beginning of the school year to the end.
- Adult Softball and Basketball will begin in March and run for 10 weeks. Although, league play for softball does not begin until March, February offers the opportunity for youth and adults to get a little practice in before

it hits. Blackburn-Talley Sports Complex is going to be busy every weekend with girl's fast pitch softball tournaments, men's slow pitch softball tournaments and boy's baseball camps. The remaining months of spring and summer are just as promising for the use of the facility.

## SENIOR ACTIVITIES

### **Trips:**

- Already have 206 participants going on trips starting in February to May. The most popular trips are those going to plays, river cruise, festivals and our "favorite" Mystery trip (participants signing up for the trip has no idea what or where they going). Most the seniors are very activity and could drive to a play, but they have so much fun traveling with the group, have made good friends and don't have the stress and pressure of driving and parking.

### **Our second travel program is with Collette Tours who sponsors domestic and international travel trips.**

- This week we have a couple who's been traveling Costa Rica for the past 12 days.
- March there are 15 travelers touring 15 days to Australia, New Zealand and the Fiji Islands. These trips have been extremely successful and produce revenue for the senior center. A few upcoming trips in 2009 are New Orleans, Boston to the Jersey Shore and the Music Cities (Branson, Memphis and Nashville).

### **The "Walk'in the Park":**

- Moved into the Mall for our morning walks, but as soon as the weather permits we'll be back out in the parks.
- 35 participants and several seniors walk over 40 miles in a month.
- In February the walking group will be joining the "Bless Your Heart Walk" at the mall to help celebrate "HEART MONTH".

### **The AARP Tax Preparation service will be starting in February.**

- The senior center is the designated facility where individuals call to make appointments for having their taxes completed. This is a very busy time because there are approximately 1100 appointment times available.