



COVID-19 Parks and Recreation Virtual Recreation Center



**Presentation by:
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Bi-County Call Center 530-749-7700

A Bi-County Call Center has been established to respond to inquiries from area residents regarding the COVID-19 threat. The Call Center number is 530-749-7700, and will be open 8 a.m. to 5:30 p.m. The Call Center is intended to field general questions, not provide medical advice. Please call your primary care physician for medical advice. Click below link for additional information.

[Coronavirus Information & Resources](#)

WE MISS YOU!

**VIRTUAL
RECREATION CENTER**
ONLINE ACTIVITIES FOR ALL AGES + RESOURCES

[Click here to get started](#)



Upcoming Events

21
APR

City Council Meeting
City Council Chambers 1201 Civic Center Blvd

22
APR

Canceled - Planning Commission Meeting
City Council Chambers, 1201 Civic Center Blvd

05
MAY

City Council Meeting
City Council Chambers 1201 Civic Center Blvd

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VIRTUAL RECREATION CENTER

ONLINE ACTIVITIES FOR ALL AGES + RESOURCES

Virtual Recreation

City of Yuba City / [Virtual Recreation](#)



STAY ACTIVE

Yuba City Parks & Recreation Department has put together these online resources so you can stay healthy and active during this time of shelter-in-place. This virtual activity center has something for everyone in the family, ranging from virtual tours to arts and craft activities for all age groups.

Check out this weeks featured videos and come back each week for new content.



Just for kids

Arts & Crafts

Create and design Disney art

Learn how to draw for kids

Lunch doodles with Mo Willems

Easy Art for kids

Tape Watercolor

Kids Cooking

Food Network Kids

Delish Cooking Classes

Kids cooking activities

BBC good food kids recipes

Health & Wellness

Fitness for older adults

AARP Workout

Go4Life Sample workouts

Morning Meditation

Fusion Fitness with Cecilia #1

Fusion Fitness with Cecilia #2

Fitness for the kids

Basketball Dribble/Balance

Fitness Blender for kids

Jumprope for kids

Kids Love Soccer

Virtual Sports Camp

Virtual tours

Animals & Wildlife

Coral Reef Webcam

Monterey Bay Aquarium live cam

San Diego Zoo live cam

Seattle Aquarium live cam

Smithsonian's National Zoo cam

Museums

Golden Gate Park

Louvre Museum (Paris, France)

National Gallery (London)

National Gallery (Washington D.C.)

Van Gogh Museum (Amsterdam)

Just for kids

Storytime

Peter Rabbit read by Rose Bryne

Library Lion read by Mindy Sterling

That's My Monster read by Lily Tomlin

Sonrisa de Claudio (Spanish)

Tree and a boy (Punjabi)

Health & Wellness

Virtual Sports Camp

Fun Time all ages

50 Amazing crafts for Seniors

Resources for Seniors

Learn American Sign language

Youth Curveball Demonstartor

Build a wind generator

Virtual tours

Van Gogh Museum (Amsterdam)

National Parks ▼

Virtual Resources

Link: [How to use Zoom](#)

Link: [How to plan a virtual game night](#)

Link: [Virtual Bingo Game](#)

Link: [Virtual tour college campuses](#)

Link: [Google offers fun arts and cultural lessons](#)

Comments