



Proclamation

of the City Council

July is Parks and Recreation Month

WHEREAS, Parks and Recreation is an integral part of our communities throughout this Country, including the City of Yuba City; and

WHEREAS, Parks and Recreation promotes health and wellness, improving physical and mental health of people who live near parks; and

WHEREAS, time in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit, and Alzheimer; and

WHEREAS, Parks and Recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools, senior center and many other activities designed to promote active lifestyles; and

WHEREAS, Parks and Recreation is not just a TV Show from the past; and

WHEREAS, Parks and Recreation increases a community's economic prosperity through increased property values, expansion of local tax base, attraction and retention of businesses, and crime reduction; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS, the City of Yuba City recognizes the benefits derived from the Yuba City Parks and Recreation Divisions; and

WHEREAS, the Yuba City Council would like to thank all the City employees and volunteers for creating and providing a quality of life in our community.

NOW, THEREFORE, BE IT RESOLVED, that I, Dave Shaw, Mayor of the City of Yuba City and on behalf of the entire City Council of the City of Yuba City do hereby proclaim July 2022 as Parks and Recreation Month and doing so, ask that the citizens of Yuba City use and to enjoy its parks, trails, open spaces, Aquatic Complex, Senior Center, and the plethora of Recreation programs offered in our City.

Done this 5th day of July 2022, at the City of Yuba City, County of Sutter, State of California.