



# *Proclamation*

of the City Council

## **Hunger Awareness and Action Month** *September 2022*

**WHEREAS**, the month of September has been designated as “Hunger Awareness and Action Month, in order to provide a unified opportunity for communities in Yuba City to focus attention on the persistent problem of food insecurity, and to mobilize to create a movement to help end hunger in our city; and

**WHEREAS**, according to a study published by Feeding America, in 2019, 13,170 residents of Sutter County did not always know where they would find their next meal and 4, 930 of them were children; and

**WHEREAS**, many households in Yuba City experience hunger, and some people in these households frequently skip meals or eat too little, sometimes going without food a for an entire day; and

**WHEREAS**, research shows that preschool and school-age children who experience severe hunger have higher levels of chronic illness, anxiety and depression, and behavioral problems than children receiving a well-balanced diet; and

**WHEREAS**, food insecure seniors have lower nutrient intakes than food secure seniors, and with out proper nutrients, seniors are at increased risk of disability, deteriorated health conditions, decreased resistance to infections, lengthened hospital stays, deteriorated mental health, and being underweight; and

**WHEREAS**, utilization of emergency food assistance becomes a way for these individuals and families to keep food on the table while still paying the bills; and

**WHEREAS**, in 2021 Yuba-Sutter Food Bank and its partners served on average each month, 6,000 low-income Yuba City individuals and those facing a food emergency, distribution more than 1 million pounds of food to these households in need.

**NOW, THEREFORE BE IT RESOLVED**, that I, Dave Shaw, Mayor of the City of Yuba City, and on behalf of the entire City Council, do hereby proclaim September is Hunger Awareness and Action Month and encourage the community to pledge to take action against hunger in our community, whether it be by fund, food donation, volunteering or advocacy.

Done the 6<sup>th</sup> day of September, 2022, City of Yuba City, Sutter County and the State of California.